

**Newsletter**

**June 2025**

I hope everyone enjoyed a lovely half term break.

#### Saturday grading course for all students

There will be a special grading course on **Saturday 14th June** to be heldat New Milton Health & Leisure Centre, (Gore Road, New Milton. BH25 6RR)

This course will be aimed at basics and fighting techniques for your next belt (or tag) and is important if you wish to grade in July.

 White & Red belts: - 10.00am – 11.00am

 Yellow & Orange tag - 11.00am –12.00pm

 Orange belt to blue tag. - 12.00pm – 1.00pm

 Blue belt and above. - 1.00pm - 2.00pm

### Advanced Course

There will be an advanced course on **Sunday 15th June** for students’ blue belt and above to be held at New Milton Health and Leisure Centre. (Gore road, BH25 6RR). This course will cover important advanced work which is vital for students wishing to grade in July.

**Time: 10.00am – 12.00pm Cost: £18.00**

Please note new Account details for advanced courses:

Please make payment to Freestyle Combat Karate – Account:10507458 – 20-68-79

**SEKF Inter-Club Competition**

There will be an Inter-Club competition taking place on **Saturday 21st June** for students from red belt. This is a great opportunity for the students to compete in a friendly environment with only SEKF students.

All advanced students are required to attend if they wish to grade in July.

Full details of the competition will follow shortly….

**If you would like further private tuition** in preparation for the next grading in July, please do not hesitate to organise a date/time with Sensei Danny.

If you have any queries, please do not hesitate to contact either Danny or myself

**Sensei Collin -**  07966 303 585 **Sensei Danny** - 07813 329 710

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